

EXPECTATIONS FOR MATCHES, TRAINING SESSIONS AND EVENTS

- Nobody should feel under pressure to attend Club events if they are vulnerable or have a vulnerable person in their household. Please discuss any concerns with your team admin.
- Do not attend a LANC event if you are unwell with any respiratory virus, cough, cold and generally feel unwell.
- Do not attend a LANC event if you have had directives not to attend a school or workplace or you have been told to isolate through track and trace.
- Inform your Coach or Team Admin if you are unable to train or attend matches due to COVID 19 related issues.
- Lateral flow tests are required before ANY Club event. If you have a positive result, you MUST follow current Government Guidance www.gov.uk
- If you have a positive Covid result within 48 hours of a Leeds Athletic event notify the team admin who will inform the other attendees.
- Do not share water bottles, drinks and snacks.
- Sanitise hands regularly and always before, during and after training and matches.
- Masks must be worn in line with venue requirements and according to Government Guidelines.
- If you are unable to attend training or matches for any reason, ensure your Coach or Team Admin is made aware.
- Parents are not invited to observe training however, supporters at matches are encouraged where league and Government Guidance permit.
- Juniors must meet their parents in the designated outside area under the guidance of a coach or nominated adult.
- Speak out if you are unhappy about safety during a session.
- Any breaches of Government guidelines or Leeds Athletic expectations will be discussed for action with the Covid Team. Serious breaches will be taken to the committee.

Netball sessions will cease if they cannot be managed safely.

**Covid-19 Athlete Checklist
Main symptoms**

- A high temperature
- A new, continuous cough
- A loss or change to your sense of smell or taste.

It is your responsibility to keep yourself, family and teammates safe. Guidance is changing regularly please keep current. If you have any concerns or queries, please contact your Team Admin or Team Covid Officer.

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