

ROLE OF TEAM COVID OFFICER

GENERAL

- All volunteers should have received and read a personal risk assessment document from the club.
- All volunteers must have returned an opt in form.
- Nobody should feel under pressure to be involved in the provision of netball.
- Download the COVID19 app when it is up and running.
- Team Covid Officers will not come to training if they are unwell, if they or a member of their household has COVID 19 symptoms (see symptoms checker below) or they have been told to isolate through track and trace.
www.nhs.uk/conditions/coronavirus-covid19/symptoms or they have been told not to be at work for Covid 19 related reasons.
- Any Team Covid Officer who develops COVID19 symptoms within 48 hours of a Leeds Athletic netball session must report to track and trace and to another Team Covid Officer.
- Team Covid Officers are responsible for knowing their venue restrictions, protocols and one-way systems.
- Team Covid Officers using public transport should abide by the Government guidelines.

START OF TRAINING

- Arrive at least 15 minutes before the start of training.
- Wear a face mask in general areas at Leeds Beckett University.
- Wear face mask within the arrivals and playing areas in all venues.
- Sanitise your hands and take your own temperature.
- Sanitise all key pads, door handles, banisters and door plates, etc. your team are likely to touch.
- Put up age group, no entry and visitor only toilet poster where required.
- Ensure Coaches have hand sanitiser, equipment spray, cloths and wipes on court.
- See that the clean bibs are on court.
- Sanitise the post.
- Complete a venue risk assessment form.
- Check Coaches have a bin liner for bib laundry.
- Use symptoms poster to ask if players are symptom free on arrival.
- Check athlete's and coach's temperature on arrival.

- Make sure athletes remain a safe distance from each other when waiting to enter the court.
- Be sure a register has been taken to be kept three weeks for track and trace.
- Sanitise the balls and equipment if arranged with the Coach.

END OF TRAINING

- Collect bibs.
- Remove posters.
- Take bibs for washing, keep for 72 hours then wash or if bibs are in a netted laundry bag which can be placed directly into the washing machine, wash and then leave for 72 hours before re-use.
- Sanitise your hands.
- Replenish masks and disposable gloves in the first aid kit if they have been used.

COVID 19 KIT BAG

- Cloths
- Anti-bacterial spray
- Antibacterial wipes
- Hand sanitiser
- Thermometer
- Waste bag
- Disposable gloves

REMEMBER

- At the training venue stay socially distant from others.
- Avoid touching surfaces where possible especially doors and gates.
- Do not touch eyes, nose and mouth areas without first washing your hands.
- Sanitise your hands before and after sanitising equipment.
- Sanitise your hands before and after training.
- Find yourself some deputies to help, wash bibs, sanitise, arrive early take temperatures etc.
- Any breaches of Leeds Athletic guidelines or Government directives must be reported to the Covid Officer.
- Encourage feedback and feed it into the Covid Officer Group.

The activity must cease if it cannot be managed safely.

Covid-19 Athlete Checklist

Main symptoms

- **A high temperature**
- **A new, continuous cough**
- **A loss or change to your sense of smell or taste**

Other known symptoms

- **Shortness of breath or difficulty breathing**
- **Fatigue**
- **Muscle or body aches**
- **Headache**
- **Sore throat**
- **Congestion or runny nose**
- **Nausea or vomiting**
- **Abdominal Pain**
- **Diarrhoea**

